



# THE ISLAND

*Fusion at it's Finest*

[www.theislandstafford.co.uk](http://www.theislandstafford.co.uk)





## LET'S START WITH

Popadoms <span>✓</span>	0.95
<i>Plain or Spicy. Served with mint sauce, chilli sauce and onion salad.</i>	
Tamarind Sauce <span>✓</span>	0.75
Mango Chutney <span>✓</span>	0.75
Mix Pickle <span>✓</span>	0.95

## STARTERS

Onion Bhaji <span>✓</span>	3.95
Pakora <i>(Chicken, Fish or Paneer)</i> <span>✓</span>	3.95
Halloumi Fingers <span>✓</span>	3.95
Quorn Shashlick <span>✓</span>	4.95
Samosa <i>(Chicken or Veg)</i> <span>✓</span>	3.95
Chicken Tikka	3.95
Lamb Tikka	4.95
Sheek Kebab	4.45
Flaming Chicken Wings	4.95
Desi Lamb Chops	5.95
Tandoori Chicken	4.95
Nargis Kebab	5.95
Salmon Tikka	5.95
Fish Tikka	5.95
Chicken Tikka Chaat Puri	5.95
Chicken or Prawn Puri	5.95
Sylhet Chingri <i>Highly Recommended</i>	6.95
<i>Garlic fried prawns in olive oil with mushrooms, shallots &amp; spinach then served on a shallow fried puri, garnished with fresh coriander leaves and cheese.</i>	
Mango Paneer Chilli <span>✓</span>	5.95

## PLATTERS

**Island Meat Platter**

*Lamb chops, sheek kebab, chicken wings, chicken tikka and tandoori chicken served with salad and sauces.*

**Island Veg Mix Platter ✓**

*Onion bhaji, mushroom pakora, veg samosa, paneer pakora, halloumi fingers served with salad and sauces.*

**Island Special Mix Platter**

*Onion bhaji, chicken pakora, chicken tikka, sheek kebab and samosa served with salad and sauces.*

All platters are available for:

1 Person	7.95
2 Persons	13.95

## SIZZLER MAINS

*Served on a skillet with spiced turmeric flavoured onions and accompanied with vegetable curry sauce, salad and mint yoghurt dip.*

Chicken Tikka	10.95
Tandoori Chicken	10.95
Lamb Chops	14.95
Sizzling Masala Fish	12.95
Tandoori King Prawn Sizzler	14.95
Tandoori Salmon	12.95
Garlic Chilli Chicken Tikka	12.95
Chicken Tikka Shashlick	12.95
Mixed Grill	14.95

*Chicken tikka, lamb tikka, chicken wings, lamb chops, sheek kebab, tandoori chicken and a plain naan*

## BIRYANI

*Served with salad, curry sauce and mint yoghurt dip.*

Chicken	10.95
Chicken Tikka	10.95
Lamb	11.95
Prawn	10.95
King Prawn	13.95

## ENGLISH DISHES

*All served with salad and mint sauce or chilli sauce.*

Scampi & Chips	8.95
Chicken Nuggets & Chips	8.95
Omelette & Chips	8.95
<i>A choice of Mushroom <span>✓</span>, Cheese <span>✓</span> or Chicken Tikka</i>	
Fried Chicken & Chips	8.95

## KIDS MENU

Chicken Nuggets & Chips	6.95
Scampi & Chips	6.95
Bhaji Wrap <span>✓</span>	6.95
Chicken Tikka Masala & Rice	6.95
Chicken Korma & Rice	6.95

## CHEF'S SIGNATURE

<b>Butter Chicken</b>	<b>9.95</b>
<i>Mild, braised chicken cooked in a unique butter sauce with coconut powder, light spices &amp; fresh cream. An excellent, rich &amp; creamy flavour.</i>	
<b>Chicken Tikka Chasni</b>	<b>9.95</b>
<i>Boneless marinated chicken cooked with coconut powder, yoghurt and sweet mango chutney to give a mild, creamy exotic &amp; delicious flavour.</i>	
<b>Murgi Masala</b>	<b>10.95</b>
<i>Tandoori chicken strips in a slightly hot masala mince meat sauce.</i>	
<b>Lahori Lamb Shank <i>(Most Popular)</i></b>	<b>14.95</b>
<i>Lamb shank cooked with whole spices, ginger, garlic, onions, garnished with coriander and tomatoes.</i>	
<b>Potley Chicken <i>(Award Winning)</i></b>	<b>13.95</b>
<i>Lightly spiced chicken breast filled with grated cheese and spinach, then rolled in a ball and served in a tangy sauce. Truly an exquisite meal.</i>	
<b>Modhu Minty Lamb Aloo <i>(Very Popular)</i></b>	<b>11.95</b>
<i>Tender chunks of lamb infused with honey, sweet mango and fresh garden mint, then slowly cooked with potatoes in a medium hot thick sauce.</i>	
<b>Shagorana Special <i>(Chef's Favourite)</i></b>	<b>14.95</b>
<i>Lamb, chicken and king prawn cooked in a mouth watering, delicately herbed and spiced sauce.</i>	
<b>Salmon Tarkari</b>	<b>13.95</b>
<i>Fillet of salmon marinated and grilled in the tandoor then cooked with strips of capsicum and onion in a medium thick sauce.</i>	
<b>Mango Chilli Chicken</b>	<b>10.95</b>
<i>Chicken pieces cooked in a spicy sauce with fresh mangoes and garnished with green chillies.</i>	
<b>Sylheti Tikka Jalfrezi <i>Chicken or Lamb</i></b>	<b>11.95</b>
<i>Chicken or lamb tikka pieces roasted in the tandoor then cooked with onions, green chillies, fresh herbs and yoghurt. Slightly hot dish.</i>	
<b>Kharabadi <i>Chicken or Lamb</i></b>	<b>11.95</b>
<i>Chicken or lamb tikka pieces roasted in the tandoor then cooked with spicy potato, garlic, onions, coriander and a slice of lemon.</i>	
<b>Mango Chicken Masala</b>	<b>10.95</b>
<i>Chicken pieces cooked with fresh mango giving an exotic &amp; sweet taste.</i>	
<b>North Indian Garlic Chilli <i>Chicken or Lamb</i></b>	<b>11.95</b>
<i>A very hot and popular North Indian dish, extensively prepared with fresh garlic and chillies in a fragrant, piquant sauce.</i>	
<b>Bengali Garlic Chilli <i>Chicken or Lamb</i></b>	<b>11.95</b>
<i>Chicken pieces cooked in a spicy sauce with potatoes, fresh garlic and garnished with fried green chillies.</i>	
<b>Sylheti Naga <i>Chicken or Lamb</i></b>	<b>11.95</b>
<i>Chicken or lamb pieces cooked with a hot naga pickle in a bhuna style sauce, a hot dish with a distinctive flavour.</i>	
<b>Malai Naga <i>Chicken or Lamb</i></b>	<b>11.95</b>
<i>Chicken or lamb pieces cooked with naga pickle in a bhuna style sauce with a hint of cream and pineapple for a medium dish with a creamy flavour.</i>	
<b>Sizzling Lamb Tikka</b>	<b>12.95</b>
<i>Marinated lamb cooked with garlic, green peppers, tomato, fresh herbs and spices in a medium sauce with sliced lemon.</i>	

## CLASSIC INDIAN

STEP 1 Choose your preferred protein					
Chicken	9.95	Prawn	9.95	Vegetable <span>✓</span>	8.95
Chicken Tikka	9.95	Fish	9.95	Quorn <span>✓</span>	9.95
Lamb	10.95	King Prawn	13.95	Paneer <span>✓</span>	9.95
				Mixed	14.95
				<i>Chicken, lamb &amp; king prawn</i>	

STEP 2 Choose your preferred style of curry			
<b>Mild</b>	<b>Slightly Hot</b>	<b>Medium Hot</b>	<b>Hot</b>
<b>Korma</b> <i>A very mild creamy sauce containing coconut.</i>	<b>Rogan Josh</b> <i>Cooked with garlic, herbs in rich tomato sauce.</i>	<b>Karai</b> <i>Cooked with sliced onions and peppers.</i>	<b>Naga</b> <i>Cooked with the fiery Naga chilli and selected spices.</i>
<b>Pasanda</b> <i>A mild, creamy dish garnished with coconut powder and sweet cherry.</i>	<b>Bhoona</b> <i>Cooked in a slightly hot semi condensed sauce.</i>	<b>Jalfrezi</b> <i>Cooked with peppers, onions, tomatoes &amp; green chilli.</i>	<b>Madras</b> <i>Cooked with tomatoes, spices and coriander.</i>
<b>Masala</b> <i>Mild dishes cooked with cream and coconut.</i>	<b>Sagwala</b> <i>Authentic dish cooked with spinach.</i>	<b>Pathia</b> <i>A fresh and spicy dish cooked in a sweet and sour sauce.</i>	<b>Vindaloo</b> <i>Very hot with tomatoes, spices and coriander.</i>
<b>Dhansak</b> <i>Sweet and sour with lentils and pineapple.</i>	<b>Dupiaza</b> <i>Cooked with extra onions and spices.</i>	<b>Tawa</b> <i>Cooked with peppers, onions, tomatoes and served sizzling.</i>	
<b>Makhani</b> <i>Creamy dish cooked with plenty of butter.</i>	<b>Jaipuri</b> <i>Cooked with mushroom, peppers, tomato &amp; onions with a touch of tamarind in a tangy medium hot sauce.</i>		
	<b>Balti</b> <i>Cooked with onions, peppers, tomato with Balti spices.</i>		

## VEGAN CHOICE

Mix Veg Curry <span>✓</span>	8.95
Mushroom & Chana Curry <span>✓</span>	8.95
Saag & Mushroom Bhuna <span>✓</span>	8.95
Quorn Saag <span>✓</span>	9.95
Quorn Bhuna <span>✓</span>	9.95
Quorn Madras <span>✓</span>	9.95
<i>Biryani served with curry sauce</i>	
Mixed Veg Biryani <span>✓</span>	9.95
Naga Mix Veg Biryani <span>✓</span>	9.95
Mushroom Biryani <span>✓</span>	9.95
Quorn Biryani <span>✓</span>	9.95

## VEG DISHES

Tarka Dhal <span>✓</span>	Main	8.95	Side Dish	4.95
Bombay Aloo <span>✓</span>	Main	8.95	Side Dish	4.95
Saag Aloo <span>✓</span>	Main	8.95	Side Dish	4.95
Saag Paneer <span>✓</span>	Main	8.95	Side Dish	4.95
Mattar Paneer <span>✓</span>	Main	8.95	Side Dish	4.95
Bindi Bhaji <span>✓</span>	Main	8.95	Side Dish	4.95
Chana Bhaji <span>✓</span>	Main	8.95	Side Dish	4.95

## ACCOMPANIMENTS

Chips <span>✓</span>	3.50
Masala Chips <span>✓</span>	3.95
Spicy Chips <span>✓</span>	3.95
Signature Chips	3.95

## FUSION SPECIALS

<b>Lahori Lamb Chops</b>	<b>14.95</b>
<i>Succulent, tandoor baked, lamb chops cooked in chef's special Lahori style sauce. Served slightly hot and on a bed of pilau rice.</i>	
<b>Indian Fish &amp; Chips <i>Highly Recommended</i></b>	<b>12.95</b>
<i>Unique to The Island! Crispy Indian fish fillet on a bed of our signature chips &amp; curried vegetables.</i>	
<b>Masala Mac &amp; Cheese <span>✓</span></b>	<b>9.95</b>
<i>Cooked with warm flavourful spices that add an exotic taste to this classic dish.</i>	
<b>Island Loaded Chips</b>	<b>9.95</b>
<i>Mince meat and chicken tikka mixed with our signature chips.</i>	
<b>Classic Chicken Parmesan</b>	<b>13.95</b>
<i>Battered chicken tikka breast fillet served with chopped peppers, cheese and served on a bed of pilau rice.</i>	
<b>Masala Chicken Parmesan</b>	<b>14.95</b>
<i>Battered chicken tikka breast fillet topped with chopped peppers and cheese and cooked with masala mild curry sauce. Served on a bed of pilau rice.</i>	
<b>Madras Chicken Parmesan</b>	<b>14.95</b>
<i>Battered chicken tikka breast fillet topped with chopped peppers and cheese and cooked with madras hot curry sauce. Served on a bed of pilau rice.</i>	
<b>Achari Chicken Parmesan</b>	<b>14.95</b>
<i>Battered chicken tikka breast fillet topped with chopped peppers and cheese and cooked with achari curry sauce. Served on a bed of pilau rice.</i>	
<b>The Sirloin Steak</b>	<b>17.95</b>
<i>Served on a bed of chips, garnished with onion, peas and mushrooms and served with curry sauce.</i>	
<b>The Colonel <i>(A must try!)</i></b>	<b>18.95</b>
<i>Sirloin steak cooked medium well, mince meat, cheesy mac and served on a bed of chips.</i>	

## COMBINATIONS

<b>Balti Chicken Bhoona</b>	
<b>Balti Meat Rogan</b>	<b>14.95</b>
<b>Balti Chicken Jalfrezi</b>	
<b>Balti Vegetable Dansak</b>	<b>14.95</b>
<b>Balti King Prawn Jalfrezi</b>	
<b>Balti Prawn Bhoona</b>	<b>14.95</b>
<b>Balti Vegetable Dansak <span>✓</span></b>	
<b>Balti Spinach Aloo Paneer <span>✓</span></b>	<b>14.95</b>

## RICE & BREAD

Boiled Rice <span>✓</span>	3.45
Fried Rice <span>✓</span>	3.75
Pilau Rice <span>✓</span>	3.75
Mushroom Rice <span>✓</span>	3.95
Egg Fried Rice <span>✓</span>	3.95
Plain Nan <span>✓</span>	3.25
Garlic Nan <span>✓</span>	3.45
Peshwari Nan <span>✓</span>	3.95
Keema Nan	3.95
Cheese Nan <span>✓</span>	3.95
Chilli Nan <span>✓</span>	3.45
Coriander Nan <span>✓</span>	3.45
Onion Nan <span>✓</span>	3.45
Tandoori Roti <span>✓</span>	2.95
Chapati <span>✓</span>	2.95
<b>Add extra toppings</b>	<b>each 1.00</b>

## EXTRAS

Mint Sauce <span>✓</span>	0.75
Chilli Sauce <span>✓</span>	0.75
Onion Salad <span>✓</span>	0.75
Raitha <span>✓</span> <i>Cucumber or Onion</i>	1.95